

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 5.30-6.30pm - WFJ 7.30-9.30pm- FP Class	2 *7.30-9.00am Quick Path 11am-12.30pm GP class 7.30-9.15pm In-depth GP	3 7-8.30pm – Introduction to Amitayus Retreat	4 Amitayus Retreat 7.15-8.30pm - WFJ with Tsog	5 Amitayus Retreat
6 5.30-6.30pm – WFJ	7 5.15-6.15pm – WFJ 7.30-9.15pm GP – (5of5)	8 Tara Day 6.00-9.30pm - FP Class	9 *7.30-9.00am Quick Path 11-12.30pm - GP class 7.30-9.15pm- In-depth GP	10 Tsog Day 7.15-9.15pm - OSG	11 10am-12.30pm – Simply Meditate Workshop	12 11am–12.30pm - PWP
13	14	15 Precepts	16	17 6.30pm - Prostrations 7.15-8.30pm - WFJ with Tsog	18 10am – 1.30pm – Half Day Course (The Key to Your Happiness – Learn Meditation)	19 11am–12.30pm PWP
20 5.30-6.30pm – WFJ	21 5.15-6.15pm – WFJ 7.30-9.15pm GP – (1of4)	22 5.30-6.30pm - WFJ 7.30-9.30pm- FP Class	23 *7.30-9.00am Quick Path 11-12.30pm - GP class 7.30-9.15pm- In-depth GP	24 7-10pm – Food for Thought	25 Tsog Day 7.15-9.15pm - OSG	26 11am–12.30pm PWP
27 6-9.30pm - MD	28 Protector Day 5.15-6.15pm – WFJ 7.30-9.15pm GP – (2of4)					

\* - HYT only, FP – Foundation Programme, WFJ – Wishfulfilling Jewel , OSG – Offering to the Spiritual Guide, MD – Melodius Drum, GP – General Programme Class, PWP – Prayers for World Peace, Quick Path Prayers held in Vajrayogini Meditation Room, VKBC - Vajrapani Kadampa Centre

# **February 2017** - Vajrapani Kadampa Buddhist Centre