

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 May 5.30-6.30pm – WFJ	2 5.15-6.15pm – WFJ 7.30-9.15pm GP – (1of4)	3 5.30-6.30pm – WFJ 7.30-9.30pm - FP Class	4 *7.30-9.00am Quick Path 11am-12.30pm - GP class 7.30-9.15pm- In-depth GP	5 Refuge Retreat	6 Refuge Retreat	7 Refuge Retreat 11am–12.30pm - PWP
8 Tara Day 5.30-6.30pm – WFJ	9 5.15-6.15pm – WFJ 7.30-9.15pm GP – (2of4)	10 Tsog Day 7.15-9.15pm – OSG	11 *7.30-9.00am Quick Path 11am-12.30pm - GP class 7.30-9.15pm- In-depth GP	12 6.30pm - Prostrations 7.15-8.30pm – WFJ with Tsog	13 10am-1.30pm - Half-Day Course: Being who you want to be	14 11am–12.30pm - PWP
15 Precepts 6.30am – Precepts 5.30-6.30pm - WFJ	16 5.15-6.15pm – WFJ 7.30-9.15pm GP – (3of4)	17 5.30-6.30pm – WFJ 7.30-9.30pm - FP Class	18 *7.30-9.00am Quick Path 11am-12.30pm - GP class 7.30-9.15pm- In-depth GP	19 7.00-10.00pm – Food for Thought	20 10am-12.30pm – Simply Meditate Workshop (by Elizabeth)	21 11am–12.30pm - PWP
22 5.30-6.30pm - WFJ	23 5.15-6.15pm – WFJ 7.30-9.15pm GP – (4of4)	24 NO FP Class	25 Tsog Day *7.30-9.00am Quick Path 11am-12.30pm - GP class 7.30-9.30pm - OSG	26 Spring Festival	27 Spring Festival	28 Spring Festival No PWP
29 Protector Day Spring Festival Week - off	30 Spring Festival Week - off	31 Spring Festival Week-off	1 June Week-off	2 Week-off	3 Week-off	4 Buddha turning dharma wheel day No PWP Dharmachakra Retreat 7.15-9.15 - OSG

* - HYT only, FP – Foundation Programme, WFJ – Wishfulfilling Jewel , OSG – Offering to the Spiritual Guide, MD – Melodius Drum, GP – General Programme Class, PWP – Prayers for World Peace, Quick Path Prayers held in Vajrayogini Meditation Room, VKBC - Vajrapani Kadampa Centre

May 2017 - Vajrapani Kadampa Buddhist Centre