

Special Events

Manjushri Empowerment

Opening the Wisdom Eye

Sat 19 Dec 11am-4.00pm



In this special event we will be guided in meditation to receive the powerful inspiring blessings of Manjushri, who is the Buddha of Wisdom. Through this we will increase our inner peace, clarity, wisdom and confidence. The empowerment will be granted by Gen Varahi.

Followed by Sun 20th Dec Half Day retreat

Silent Day Retreat

Abide in Stillness and Clarity

Sun 15 Nov 9.30am-4.30pm



Our Founder

Venerable Geshe Kelsang Gyatso Rinpoche

Venerable Geshe Kelsang Gyatso a fully accomplished meditation master and internationally renowned teacher of Buddhism. He has written 23 highly acclaimed books and established over 1200 Kadampa Buddhist meditation centres and groups worldwide.



Our Resident Teacher | Gen Kelsang Varahi

Gen Kelsang Varahi is the resident teacher at the centre and has been a student of Geshe Kelsang Gyatso for more than 30 years. She shares her years of experience in meditation and practise in clear and inspiring teachings, and is known for her kind, good heart and naturally joyful example.



Vajrapani Kadampa Meditation Centre



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BIRKBY, HUDDERSFIELD
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Everyone Welcome!

MeditateInHuddersfield.org



Registered Charity no. 1046562

MEDITATE

for inner and outer peace

in

Huddersfield and Kirklees



Vajrapani Kadampa

Meditation Centre



COURSES AND EVENTS

AUG-DEC 2026

WEEKLY CLASSES

TUES 7pm-8.30pm | THUR 11am-12.30pm

Tuesday Meditation

Begins 18 Aug

Thursday Meditation

Begins 10 Sep

Thursday classes follow the same series as Tuesday evening classes.



Learning meditation coming from Buddha's wisdom advice gives us the tools to solve daily problems and find real joy from within. These classes are suitable for beginners.

Tues 18 Aug-1 Sep

Pacifying overthinking and painful feelings

Tues 8 Sep-29 Sep

Thurs classes begin 10 Sep

How meditation improves everything

Tues 20 Oct-10 Nov

Change your mind, change your world

Tues 24 Nov-15 Dec

Finding inner protection in uncertain times

OTHER CLASSES AND EVENTS

**Meditation and BBQ
Fundraising Party**

**Sun 20 Sep
1pm-4.30pm**



**Prayers for World
Peace**

**Sun 25 Oct
11am-12.30pm**

followed by
Pot-luck lunch



Chill Down Friday

**Fri 23 Oct
7pm-9pm**

Relax from the busy week
with meditation and a
delicious 2 course meal



**Meditation and
Afternoon Tea**

**Sun 6 Dec
3pm-5pm**



LOCAL BRANCH CLASSES

**DENBY DALE | Community Library
TUESDAYS 7.30pm**

**SLAITHWAITE The Watershed
THURSDAYS 11am-12 midday**

**MIRFIELD | Eastthorpe Hall
SATURDAYS 1pm-3pm monthly**



HALF DAY COURSES

SATURDAYS 10am - 1.15pm



Learn practical ways to solve our
daily problems

**22
Aug**

Finding Inspiration through
Adversity

**12
Sep**

Bringing calm into your Life -
Learn to Meditate

**3
Oct**

Seeing beyond Anxiety and
Fear

**7
Nov**

How to heal our Relationships

**12
Dec**

Enough is Enough!
The Peace of Contentment

